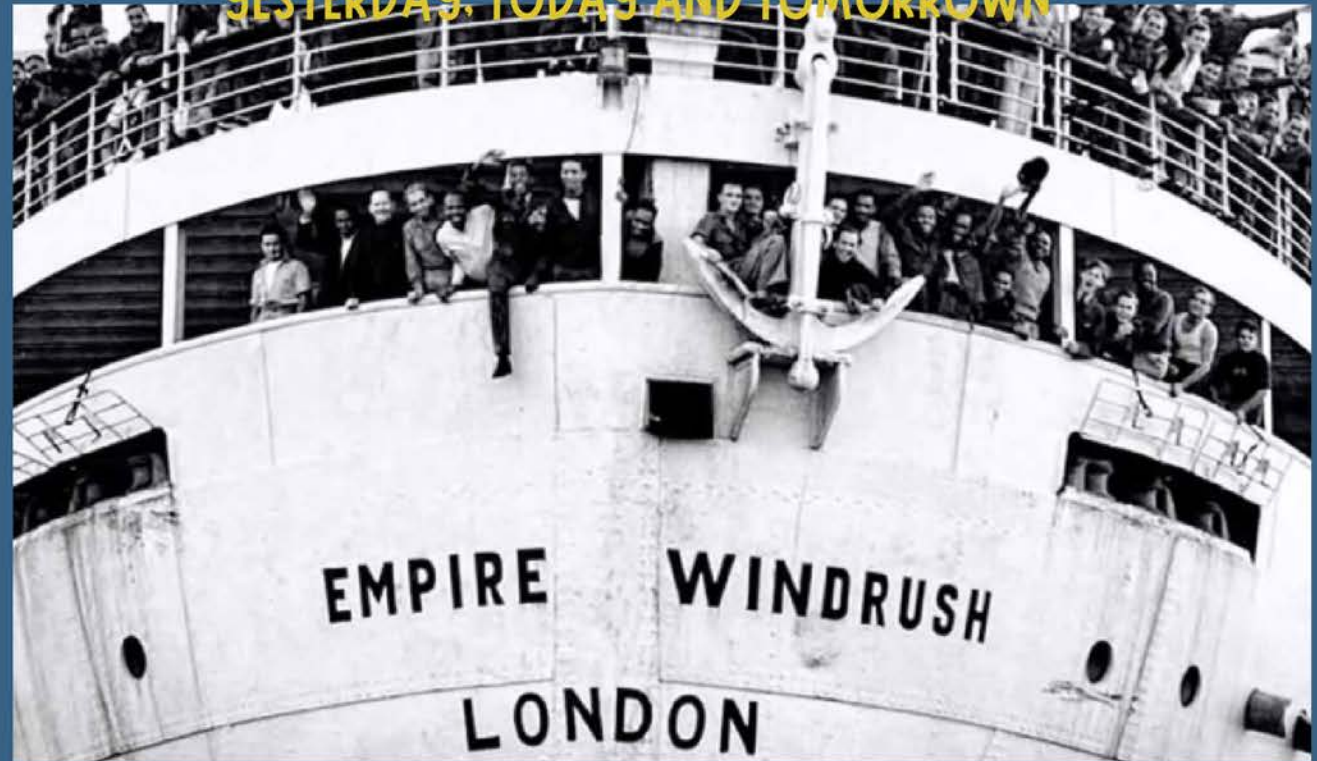


Featuring in our Special Windrush Edition:

1. A Trailblazer of the Windrush Generation and Pioneer: Professor Martin Levermore.
2. Celebrating Women of Windrush:
 - *3 Generations of nurses. Dr Juliet Drummond.*
 - *Ina's story so far. Ina Crawford- Carty.*
 - *Fighting for Justice and Recognition – Remembering Paulette Wilson.*
3. Celebrating 75 Years of Windrush: A Tapestry of Triumph and Lessons Yet Unlearned. Adam Vasco.
4. Research Report. Reducing stigma and discrimination against mental illness. Dr Isaac Tuffour.
5. Community Updates.
6. A quiz to get you thinking.

SPECIAL EDITION WINDRUSH-75 CELEBRATING THE WINDRUSH GENERATION YESTERDAY, TODAY AND TOMORROW



This edition is dedicated to telling stories and shining a light on the achievements, and contributions of the Windrush generation and their descendants in the UK after 75 years.

We are honoured to welcome Professor Martin Levermore, MBE, a distinguished leader in health, education, life science, and public service. Currently serving as Deputy Lieutenant for the West Midlands, Martin's illustrious career spans an impressive range of industries and roles, a testament to his adaptability and multifaceted expertise.

Martin is a Professor for Health, Education, and Life Sciences. His entrepreneurial spirit is manifested in his role as the founder and business development director of Medical Devices Technology Limited, a pioneering company specializing in the supply of NHS medical devices and services. Martin's earlier career has been equally dynamic, with roles such as an Ammunition Technician for the Royal Army Ordnance Corp, an Export Manager at J.C. International Commodities S.A., and Trade Finance Manager for the North African Desk of Banesto. His keen business acumen was also put to good use at Monroe Business Development Consultancy and Pintos Global Services Limited.

Martin's leadership extends far beyond the academic and business world. He is an active participant in various community



A Trailblazer of the Windrush generation

Professor Martin Levermore

Martin is a child of the Windrush and local person. He is an independent Windrush advisor for the government and the compensation scheme.

Listen to the
PODCAST with
Professor
Levermore
recorded on 14th
June 2023.

organizations, serving as the National Lay-leader for the Church of God Prophecy, Chair of Trade and Business Group for Birmingham Commonwealth Association, and Vice-chair of the Nehemiah Housing Association, among other roles. Demonstrating his unwavering commitment to his roots, Martin chairs the specific project task force of Jamaican Diaspora UK and is a committee member of the Association of Jamaican Nationals Birmingham. He's also the Patron of the National Caribbean Monument Charity and a prominent figure in the Greater Birmingham Commonwealth Chamber of Commerce.

In honour of the 75th anniversary of the Windrush Generation's arrival in the UK, the Home Office appointed Martin as the Independent Person to advise on the Windrush Compensation Scheme. This appointment signifies Martin's dedication to social justice and acknowledges his substantial contribution to British society. We are therefore delighted he joins us in this special Windrush edition of our podcast as we delve into the captivating journey of Professor Martin Levermore, a beacon of inspiration, leadership, and unwavering dedication to community service.

Celebrating Women of WINDRUSH

In the mid-20th century, my mother was among many Jamaicans who travelled to the UK. At the age of 14, Pearlie Porter had a passion for nursing, and trained at the age of 16 years as cadet nurse and enjoyed many in years in ophthalmology as registered nurse. Pearlie worked hard and was known for excellent patient care and professionalism.

I followed in my mother's footsteps along with my sister. I grew up seeing mum's dedication to the profession. I have found nursing and education to be rich in diversity and very rewarding, however have faced many challenges. Determined to progress, I have studied hard from student nurse to Doctoral level. I have always advocated for inclusion and equality for all.

Three generations on, Pearlie now has three granddaughters who are nurses. Melissa Millward is one of them, who was inspired by grandmother to be a nurse. Melissa works at a New Cross hospital and is dedicated to improving the health of those in her care and the education of staff.

Pearlie, Juliet and Melissa represent three generations of compassionate and determined nurses, who have helped improve patient care and paved the way for future generations from a diverse background.



Dr Juliet Drummond Head of Nursing and Chair of Global Majority

3 GENERATIONS OF NURSES

Juliet comes from a family of nurses: mother, daughter, sister, nieces, cousins and aunts. We continue to contribute and leave a legacy of care and compassion to the health system.



Ina Crawford- Carty

Adult Nurse Lecturer (Registered Nurse)

As a first generation: without GCSEs, I moved to London in 1980 from Jamaica in pursuit of a better life. I was walking through the park one morning in the 1980s and felt intimidated as I was yelled at to go back to my country. Through perseverance and devotion to part-time study, I earned my GCSEs and A-levels. BSc honours Social Sciences. I trained as a further education (FE) teacher, taught in FE for 11 years. Then I went on to complete my training as a registered nurse at the University of Wolverhampton. I worked as a registered nurse in a hospital for 6 years in an acute setting. Now I am a Lecturer in adult nursing at the University of Wolverhampton, educating the next generation of nurses. I have six children who I am proud of, I am sharing a snapshot of their achievements.

INA'S STORY SO FAR

My daughter Sanchia is a multi-award-winning specialist in equality diversity and human resources and is experienced in working in the public sector. She currently works as the Head of Equality, Diversity, and Inclusion at London South Bank University and is the Managing Director of Sanchia Consulting Ltd. She was elected as a councillor to Barking and Dagenham Council from 2010 -2021 and was the first of three Black women to be elected there. She was the first Caribbean female Civic Mayor in 2018/19. She has stood for the European Parliament elections twice in 2014 and 2019. Sanchia has won numerous awards including, being highly commended as HR champion of the year in the British diversity awards in 2023, winner as outstanding public sector figure at the Precious awards in 2020 and as one of the top 100 most influential, impactful, and successful African Business leaders by the African Chamber of Commerce in 2022. She was also named as one of fifty most inspirational Black women

in the UK during Black History Month in 2019. My daughter Marilyn is a Primary School Teacher, Lead Borough Facilitator for Race and Social Justice who is making her contribution to people in the London Borough of Barking and Dagenham.

My Son Daniel is secondary school teacher in London also providing tutoring for the next generation of musicians. He has achieved a music degree and now is a musician working with a diverse range of artists and bands, playing different genres of music from Gospel to Jazz and R&B. My daughter Debra is a Clinical Manager and Adult registered nurse in frailty and elderly care, working in Dagenham. She is an inspirational nurse leader, training and mentoring new registered nurses.



Sanchia Alasia
BSc, MSc, Assoc
CIPD, FCMI, FRSA



Marilyn Johnson
Primary School
Teacher, Lead
Borough



Daniel Smithson
Secondary School
Teacher and
musician

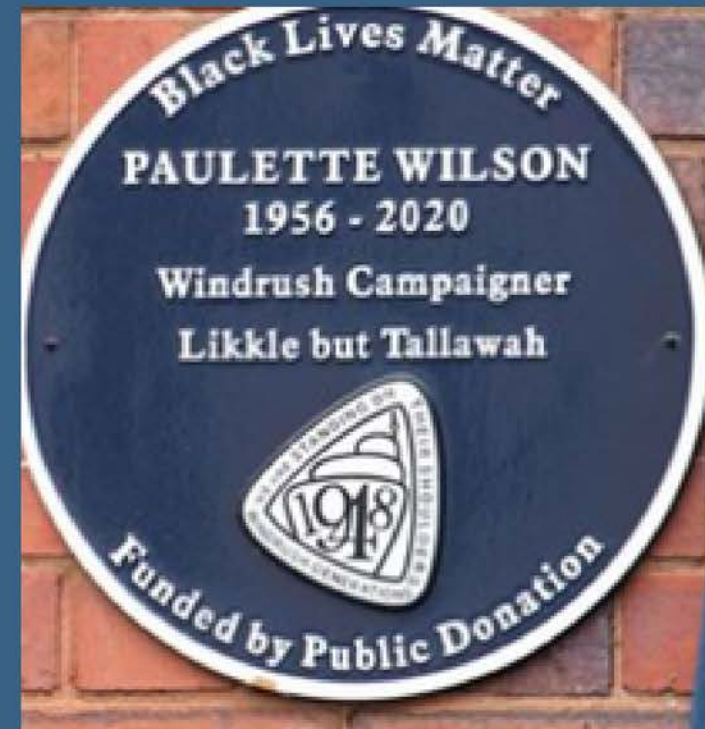


Debra Smithson
Registered Nurse
& Clinical Manager



FIGHTING FOR JUSTICE AND RECOGNITION – REMEMBERING PAULETTE WILSON

Paulette Wilson was an outstanding activist for the Windrush generation and was a vocal advocate. She came to the UK as child and was a British woman who was born in Jamaica. Despite living and working in the UK for over 50 years, she was threatened with deportation due to an error by the Home Office. She was one of many affected by the Windrush Scandal, which caused public outrage and led to a national apology from the UK government. Paulette Wilson, spoke out about the injustices and called for justice and compensation for those affected. Paulette Wilson died in July 2020 at the age of 64, but her legacy lives on through work, inspiring others to be an advocate and to fight for justice for the Windrush generation.



Celebrating 75 Years of Windrush: A Tapestry of Triumph and Lessons Yet Unlearned



ADAM VASCO

Director of Diversity & Inclusion

Faculty of Education, Health and Wellbeing

As we commemorate 75 years of Windrush Day, we take a moment to reflect on a chapter of British history that is as vital as it is complex. It is an account of ordinary men and women whose influence on the UK has been anything but ordinary. At the same time, it is a narrative that speaks volumes about our national ethos, an enduring testament to our shared journey of evolution, tolerance, and social justice. In 1948, the HMT Empire Windrush brought around 500 from the Caribbean to the shores of the UK. Their arrival marked a new chapter in British history, one in which the nation opened its doors, a decision that would go on to greatly enrich its cultural, social, and economic tapestry. Seventy-five years later, the legacy of the Windrush generation continues to be felt across every corner of our society, from migrants, the NHS to our schools, from the arts to sports. The influences permeate our daily lives, having fundamentally transformed the British landscape into a more vibrant, inclusive, and resilient society. However, it's important to also acknowledge the struggles of this generation. There are individuals from this remarkable group who continue to face a series of challenges, often manifested in unjust separations from their families and difficulties accessing deserved compensation.

These issues, as painful as they may be, are a poignant reminder of our collective duty towards continual learning, reform, and progress.

As I pen these thoughts, I draw from personal experience. My grandfather's voyage from Lagos, Nigeria to the UK carries echoes of the Windrush journey. He came carrying a British passport, a circumstance that undoubtedly made his experience distinct. However, the spirit of courage, determination, and hope for a better future unites their stories. Their dreams formed the backbone of an evolving Britain.

I am the first to admit that I don't have all the answers. There are aspects of the Windrush experience that I am still learning about, intricacies that I have yet to fully comprehend. But therein lies the power of empathy and dialogue. We do not need to personally experience something to understand its importance or to recognise the weight of its impact.

As we honour the Windrush generation, it is a time to celebrate the contributions to British life, from the visible to the invisible, from the monumental to the everyday. Simultaneously, let us also take the opportunity to recommit ourselves to address the challenges that continue to be faced. As we look back on the 75 years that have passed since the Windrush's arrival, we have much to learn and even more to be grateful for.

Today, we celebrate not only the past but also the future — a future that the Windrush generation and those that followed helped to shape. Here's to the enduring spirit of the Windrush generation, their contributions to British society, and their legacy that will continue to inspire generations to come.

Research Report:

Reducing stigma and discrimination against mental illness.

An SHI Foundation Research Grant Development Award

Introduction

In May 2023, I led a highly impactful two-day research workshop in Accra, Ghana with collaborators from the country to explore ideas on how to reduce stigma and discrimination against mental illness in the country as well as ways to improve mental health literacy in the sub-Saharan Africa. The workshop was funded by the Foundation for the Sociology of Health & Illness Research Grant Development

The processes involved in submitting grant applications can be time-consuming and frustrating, but the experiences gained have been insightful and gratifying. I encourage colleagues from the Global Majority Staff Network to pursue similar project in their respective areas.

Overview of workshop

Five collaborators and 36 Ghanaian participants attended the workshop. For the convenience of the local participants, the session was held in a friendly and engaging environment. The collaborators met informally on the first day to discuss/share ideas and prepare presentations for the second day. The second day featured presentations by three keynote speakers, participant focus group discussions, and question and answer session. 'Stigma, discrimination, and social exclusion in mental illness'; 'Religious and cultural dimensions of mental illness'; and 'Overcoming stigma and discrimination in mental illness in Ghana' were among the topics addressed by the keynote speakers. Participants were split into two moderated groups to discuss current concerns about stigma and discrimination in mental illness, as well as strategies for overcoming stigma and discrimination in mental illness in Ghana. Participants were given the opportunity to ask questions and provide feedback. A group photo was taken at the end of the workshop.

Impact

This highly successful workshop builds on the progress of the university's inclusive research and knowledge exchange vision. Knowledge and ideas gleaned from the workshop are being drafted for research article publications. Furthermore, I provided intellectual leadership in the establishment of the 'Global Network for Health Research (GNHR)' (gnhr.org), a multidisciplinary, international network of researchers aimed at strengthening research collaboration on contemporary health issues and generating novel ideas suitable for future research grant applications. Moreover, the network aims to provide mentorship in research for emerging researchers in sub-Saharan Africa and beyond, capacity building, community engagement, awareness creation and advocacy. These flagship programmes will help to showcase academic collaboration working in practice.

Next steps

The unambiguous feedback provided by collaborators and participants indicated that people with mental illness are stigmatised and discriminated in Ghana and sub-Saharan Africa. The consensus was that more effort should be made to educate the local population about mental illness and the stigma and discrimination that accompany it. Furthermore, participants discussed how health practitioners, the community, and Civil Society Organisations (CSOs) could take active roles in changing negative attitudes about mental illness. Participants were eager to see how ideas from the workshop could be used to inform policy and practice to make a genuine difference and change people's attitudes towards mental illness. Collaborators and participants suggested that ideas gathered at the workshop could serve as the foundation for more empirical research.

Conclusion

The workshop has helped develop sustainable ideas and sensitized the participants about the devastating impact of stigma and discrimination against mental illness, as well as the inequalities these pejorative treatments generate. The overwhelming view was that reducing stigma and discrimination will enhance social inclusion, and improve quality of life for people with mental illness in Ghana and sub-Saharan Africa in general.



Dr Isaac Tuffour, Senior Lecturer in Mental Health and Vice Chair of GM Staff Network

WINDRUSH 75

Presenting Three
Windrush 75
Commemorative Events

Thursday 22nd June 2023

FILM SHOW

POP UP CINEMA
Doors open 6.30pm
Show starts 7.30pm

**Come and enjoy
the Jamaica experience**

admission by ticket only £5 per person.

Food available to be purchased
By Adassa's Catering

Saturday 24th June 2023

THE FIVE YEAR DREAM

Family Event
2pm -7pm
FREE ENTRY

Dj for event:
LD the Lovers Doctor.

Activities, Discussions,
Topics include:
What is Windrush
& why did it happen?
Achievements and
acknowledgement
Honour roll of business
Show me discussion.
Dance session
Ska Competition,
King/Queen.

Saturday 24th June 2023

BIG PEOPLE REVIVAL PARTY NIGHT

9pm - 2am
FREE ENTRY

DJs Archie Dee,
LD The Lovers Doctor
and Miss Lvibez

At **The Heritage Centre, Clifford Street, Wolverhampton WV6 0AA**

Events Information Hotline: 07481 018227

1. Wolverhampton Grand Theatre: Rush - A Joyous Jamaican Journey
2. 2023 Windrush Day Grant Scheme: Projects to be funded.
For more information <https://www.gov.uk/guidance/2023-windrush-day-grant-scheme-projects-to-be-funded>
3. Wolverhampton NHS Trust Charity West Midlands 'Came to Care' will offer artistic commissions for young creatives (aged 16 to 25) from the local Caribbean community to explore and bring awareness to the contribution of the Windrush generation, particularly towards healthcare in Wolverhampton to coincide with joint NHS 75 celebrations.
4. NHS England Celebrating 75 years of Windrush.
<https://www.england.nhs.uk/nhsbirthday/celebrating-75-years-of-windrush/#:~:text=On%2022%20June%201948%2C%20HMT,passenger%20from%20the%20West%20Indies.>
5. BBC New Stories: Windrush 75: Who are the Windrush generation?
<https://www.bbc.co.uk/news/uk-43782241>

**COMMUNITY UPDATES
CURRENT EVENTS, NEWS, AND
UPDATES FROM THE
WINDRUSH COMMUNITY.**

A QUIZ TO GET YOU THINKING

1. What was the name of the ship that brought the first wave of Caribbean immigrants to the UK in 1948?

- A) SS Empire Windrush
- B) HMS Windrush
- C) The Mayflower
- D) The Queen Mary

2. What was the cause of the Windrush Scandal in 2018?

- A) The deportation of Windrush immigrants who were wrongly classified as "illegal immigrants"
- B) An outbreak of a virus on the Windrush ship in 1948
- C) A political scandal involving the Prime Minister in Jamaica
- D) None of the above

3. Who was the Jamaican-born nurse who became a symbol of the Windrush Generation?

- A) Florence Nightingale
- B) Mary Seacole
- C) Lenny Henry
- D) David Lammy

4. Which Act of Parliament established free healthcare in the UK and contributed to the recruitment of Caribbean nurses?

- A) The Health and Safety at Work etc. Act 1974
- B) The Race Relations Act of 1968
- C) The Commonwealth Immigrants Act of 1962
- D) The NHS Act of 1946

5. In what year did the first edition of The Voice newspaper launch, which became an important voice for the black community in the UK?

- A) 1980
- B) 1940
- C) 1955
- D) 1965

6. Who was named on a blue plaque memorial in Wolverhampton 2021, due to their dedication to fair treatment of the Windrush generation and their descendants?

- A) Benjamin Zephaniah
- B) Lenny Henry
- C) Paulette Wilson
- D) Beverley Knight

7. Which reggae group had a hit song in 1968 called "Young, Gifted, and Black" that celebrated the achievements of the Windrush generation?

- A) Nina Simone
- B) Desmond Dekker and the Aces
- C) The Maytals
- D) Bob and Marcia

Answers:
1. A) SS Empire Windrush
2. A) The deportation of Windrush immigrants who were wrongly classified as "illegal immigrants";
3. B) Mary Seacole
4. D) The NHS Act of 1946
5. D) 1965
6. C) Paulette Wilson
7. D) Bob and Marcia

GLOBAL MAJORITY NETWORK OFFICERS

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**Global Majority Future Meeting
dates via Teams**

18th July 2023 at 1pm

Disclaimer & Notes

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